

BWYDLEN FEGAN

CASTELL DEUDRAETH

VEGAN MENU

Tart tatin betys a nionod coch gyda berwr y dŵr a balsamig
Beetroot and red onion tart tatin with watercress and balsamic

Salad afocado a mango gyda reis gwyllt ac olew perlyisiau
Avocado and mango salad with wild rice and herb oil

Melon gydag aeron a sorbe mafon
Melon with berries and a raspberry sorbet

Cawl y dydd
Soup of the day

Tian o wyls, tomatos a sbigoglys gyda chorbyys a chodlyisiau
Tian of aubergine, tomato and spinach with lentils and pulses

Risoto madarch gwyllt gydag olew tryfflau a berwr y gerddi
Wild mushroom risotto with truffle oil and rocket

Stiw llyisiau Profens a quorm gyda reis perlyisiau a choriander
Quorn and Provençale vegetable stew with herb rice and coriander

Cyri blodfresych rhost a gwygbys gyda reis a salad
Roasted cauliflower and chickpea curry with rice and salad

Afal pob gyda syltanas a sorbet sudd cnau coco
Baked apple with sultanas and a coconut milk sorbet

Pîn-afal tsili rhost gyda ffrwythau ciwi a granadila a sorbe
Roasted chilli syrup pineapple with kiwi and passion fruit and sorbet

Parsel crwst ffilo o mango a mafon gyda saws siocled
Filo parcel of mango and raspberry with chocolate sauce

Detholiad o sorbedau
Selection of sorbets

Dau gwrs £28, Tri chwrs £34
gyda mynediad i'r pentref ar ôl cinio

Two courses £28, Three courses £34
inclusive of free entry to Portmeirion after lunch

ALERGENAU BWYD - FOOD ALLERGENS

Mae'n ofynnol inni nodi'r 14 alergen bwyd canlynol: Seleri, Grawnfwyd efo glwten, Cramenogion, Wyyau, Pysgod, Byseidd y blaidd, Llefrith, Molysgiaid, Mwstard, Cnau, Pysgnau, Hadau sesame, Soia, Sylflwr deuocsid. Paratoir bwyd mewn ceginau lle ceir rhai o'r alergenau uchod ond ni ellir cynnwys pob manylyn ar y fwydlen. Felly rhoddir manylion alergenau ar dalfen sydd ar gael gan aelod o'r staff ar eich cais. Os oes gennych alergedd(au) bwyd thowch wybod inni cyn archebu.

We are required to list the use of the following 14 food allergy items on menus or on a separate sheet: Celery, Cereals containing gluten, Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame seeds, Soya, Sulphur dioxide. Food is prepared in kitchens where the above food allergens are present however our menu descriptions cannot include details of all ingredients. A separate sheet is available with details of all food allergens used in each dish, please ask for a copy if required. If you have a food allergy please make this known to us before ordering.