

## MESURAU DIOGELWCH PORTMEIRION

Mae Portmeirion yn cydymffurfio â chanllawiau Llywodraeth Cymru ar gyfer rheoli risg Covid-19. Cynhaliwyd asesiadau risg ar bob agwedd o'r gwaith er mwyn amddiffyn ein cydweithwyr, ein cyflenwyr a'n gwestion. Hyfforddwyd y tîm ar arferion gweithio'n ddiogel a glanweithdra. Rydym yn cynnal gwiriadau tymheredd wrth i gydweithwyr gyrraedd y man gwaith. Rydym wedi dyrannu staff ychwanegol i ganolbwyntio ar lanhau a saniteiddio. Mae niwlwyr gwrth-firaol ar waith i lanweithio ardaloedd cyhoeddus.

Rydym wedi ail-ddylunio'r bwyty i sicrhau cymdeithasu diogel gyda marciau unffordd, sgriniau rhwng byrddau a marciau pellter cymdeithasol yn unol â chanllawiau Llywodraeth Cymru. Rydym wedi sicrhau bod glanweithydd dwylo ar gael y tu allan a'r tu mewn i'r eiddo. Gofynnwn i westeion archebu eu bwrdd ymlaen llaw gan roi manylion cyswllt inni er mwyn cydymffurfio â rheoliadau Llywodraeth Cymru. Wrth archebu bwrdd, dyrennir amseroedd cyrraedd a gadael a gofynnwn ichi gadw at yr amseroedd hynny. Mae'n cymryd llawer mwy o amser i hilio byrddau rhwng gwasanaethau o dan yr amgylchiadau ac mae gennym lai o fyrddau ar gael oherwydd gofynion pellter cymdeithasol.

Byddwn yn gweini bwyd a diod mewn modd diogel ac yn defnyddio bwydlenni tafladwy, fel y gellir eu hailgylchu ar ôl eich ymweliad (neu mae croeso ichi eu cadw). Pan fydd byrddau'n cael eu hilio, newidir y lliain bwrdd rhwng pob gwasanaeth a saniteiddir y cadeiriau. Bydd staff gweini'n golchi eu dwylo bob tro cyn trin llestri, cyllyll a ffyr. O ran gweini gwin, bydd y gwydraid cyntaf yn cael ei dywallt ichi a chithau'n tywallt y gwin wedyn.



**ALERGENAU BWYD :** Mae rheolau'r UE yn gofyn inni nodi'r 14 alergen bwyd canlynol ar y fwydlen neu ar daflen ar wahân: Seleri, Grawnfwyd efo glwten, Cramenogion, Wyau, Pysgod, Bysedd y blaid, Llefrith, Molysgiaid, Mwstard, Cnau, Pysgnau, Hadau sesame, Soia, Sylffwr deuocsid. Mae'r bwyd yn cael ei baratoi mewn ceginau lle mae rhai o'r alergenau uchod yn bresennol ond ni allwn gynnwys manylion pob un o'r cynhwysion ar y fwydlen. Felly ceir gwybodaeth am alergenau bwyd ar daflen ar wahân, gofynnwch i aelod o'r staff os hoffech gopi. Os oes gennych alergedd bwyd rhowch wybod inni cyn ichi archebu.

**FOOD ALLERGENS :** EU regulation require food businesses to list the use of the following 14 food allergy items on menus or on a separate sheet: Celery, Cereals containing gluten, Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame seeds, Soya, Sulphur dioxide. Food is prepared in kitchens where the above food allergens are present however our menu descriptions cannot include details of all ingredients. A separate sheet is available with details of all food allergens used in each dish, please ask for a copy if required. If you have a food allergy please make this known to us before ordering.

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[www.portmeirion.cymru](http://www.portmeirion.cymru)

## PORTMEIRION SAFETY MEASURES

Portmeirion has complied with all Welsh Government guidelines for the risk management of Covid-19. We have carried out risk assessments on all aspects of the business, to protect our teams, our suppliers and our guests. Training has been given to staff on safe work practices and sanitising. We conduct temperature checks on arrival for all team members. We have allocated additional members of staff to focus only on ensuring cleaning and sanitising is carried out all day, every day. Anti-viral foggers are in use to sanitize public areas.

We have redesigned our restaurant to ensuring safe socialising by use of one-way markings, screens between tables and marking out socially distant points in line with the latest Welsh Government guidelines. We have made hand sanitiser available outside and within the establishment. We ask guests to book tables in advance and to provide contact details to comply with Welsh Government regulations. When booking a table, arrival and leaving times are allocated. We kindly ask guests to please keep to these times. It takes longer to relay between services under current circumstances and we have fewer tables available due to social distancing requirements.

We will be delivering food and drink to your table in the safest way possible and using disposable menus, so they can be recycled (or you are welcome to take them with you). When tables are re-laid tablecloths are replaced and chairs are sanitised. Serving staff sanitize their hands regularly and wash hands prior to handling any plates, glasses or cutlery. For wine service, the first glass will be poured and guests will then pour for themselves.



# DETHOLIAD TE TEA SELECTION

## Detholiad Te Gwesty Portmeirion

Gall fod arlliw o gnau yn y te a'r trwythau . Bwydlen ailgylchadwy un defnydd yn unig

### DU

#### Kamakhya Asám

Pot i un £3.50 - Pot i ddau £4.50 - Pot i dri £7.50

Te peco oren dail bras un ystad sy'n rhoi trwyth ruddgoch llawn blas gydag adflus adfywiol hir.

#### Blagur euraidd Darjeeling ail gynhaef Tippies Gopaldhara

Pot i un £4.00 - Pot i ddau £5.00 - Pot i dri £8.00

Te peco oren a dyfwyd yn ucheldiroedd Darjeeling. Mae'n rhoi trwyth melyngoch gyda blas fanila pèr

#### Llam y Cariadon Ucheldir Seilón

Pot i un £3.50 - Pot i ddau £4.50 - Pot i dri £7.50

Te peco oren bras o Nuwara Eliya yn ucheldiroedd Sri-Lanca. Trwyth oren gydag arlliw o flas eirin gwlanog ac eirin Mair.

#### Iarll Llwyd

Pot i un £3.50 - Pot i ddau £4.50 - Pot i dri £7.50

Te du persawrus o Sri Lanca gydag aroglau bergamot

#### Lapsang Souchong

Pot i un £4.00 - Pot i ddau £5.00 - Pot i dri £8.00

Te o ardal Fujian yn Tsieina. Mae'r dail duon yn creu hylif cochddu gydag blas mwg nodweddiadol.

#### Te Brecwast cryf Di-gaffin

Pot i un £4.00 - Pot i ddau £5.00 - Pot i dri £8.00

Cyfuniad o de dail bras o Sri Lanca ac Asám a hwnnw wedi cael tynnu'r caffin trwy broses CO2.

### GWYRDD

#### Te Jasmin Tseina gyda Blagur

Pot i un £3.50 - Pot i ddau £4.50 - Pot i dri £7.50

Mae'r te jasmin hwn yn cynnwys 1% o flagur sych Jasmin. Mae'r trwyth yn felyn gyda blas ac aroglau jasmin.

#### Te Gwyrdd Sencha

Pot i un £3.50 - Pot i ddau £4.50 - Pot i dri £7.50

Te arddull Siapan a wnaed o ddail gwyrdd golau i greu trwyth melyn gydag arlliw o flas cnau ac adflus adfywiol.

#### Lemon

Pot i un £3.50 - Pot i ddau £4.50 - Pot i dri £7.50

Cyfuniad o ddau de gwyrdd o Tsieina, Sencha a Phowdwr du, gyda gwellt lemon, siwgrwr mân a lemwn (4.5%)

### GWYN

#### Pai Mu Tan

Pot i un £4.50 - Pot i ddau £5.50 - Pot i dri £8.50

Te gwyn wedi ei wneud o egin blagur a dail. Mae'r trwyth yn welw gyda blas esmwyth, cneuog.

#### Mafon Suddlon

Pot i un £4.50 - Pot i ddau £5.50 - Pot i dri £8.50

Cyfuniad o de gwyn Siw Mei a the gwyrdd Sensia gyda chyrrens cochion a mafon (2.4%).

### WLONG

#### Ti Kuan Yin - "Duwies Haearn Trugaredd"

Pot i un £4.50 - Pot i ddau £5.50 - Pot i dri £8.50

Te Wlong o Tseina. Enwyd ar ôl cerflun o Dduwies Trugaredd. Mae'r trwyth yn felys gyda nodau blodeuog.

### TE FFRWYTHAU A PHERLYSIAU (DI-GAFFIN)

#### Camomil

Pot i un £4.50 - Pot i ddau £5.50 - Pot i dri £8.50

Mae'n hwb imiwneidd y cyfansoddiad yn erbyn heintiau ac annwyd. Mae'n llonyddu'r galon ac yn tawelu'r dyfroedd.

#### Mintys Poethion dail bras

Pot i un £3.50 - Pot i ddau £4.50 - Pot i dri £7.50

Mae mintys poethion yn cynnwys fitaminau A ac C, manganis, ffeibr, haearn, calsiwm, magnesiwm a photasiwm.

#### Trwyth Lemon - Sinsyr

Pot i un £3.50 - Pot i ddau £4.50 - Pot i dri £7.50

Cynhwysion: darnau sinsyr (79%), lemonwellt, darnau lemon (5.9%)

#### Te Oren Pèr

Pot i un £3.50 - Pot i ddau £4.50 - Pot i dri £7.50

Mae'n cynnwys afalau, resins, moron, betys, bricyll, helyg y môr, croen oren (5.5%), blagur coed orenau (2.7%)

Bwydlen ailgylchadwy un defnydd

## The Hotel Portmeirion Tea Selection

Teas & infusions may contain traces of nuts. Recyclable single use menu

### BLACK

#### Assam Kamakhya

Pot for one £3.50 - Pot for two £4.50 - Pot for three £7.50

A large leaf orange pekoe tea, deep redish brown infusion & a rich flavour with long lasting refreshing aftertastes.

#### Darjeeling Tippies golden flowery Gopaldhara Inbetween

Pot for one £4.00 - Pot for two £5.00 - Pot for three £8.00

An orange pekoe from Darjeeling, giving a golden-brown infusion and sweetish orchid like flavour.

#### Ceylon Lover's Leap highgrown tea

Pot for one £3.50 - Pot for two £4.50 - Pot for three £7.50

An orange pekoe from Nuwara Eliya. An orange infusion with light fruity tones of peach and gooseberries.

#### Earl Grey

Pot for one £3.50 - Pot for two £4.50 - Pot for three £7.50

A fragrant, light Ceylon black tea with bergamot aroma

#### Lapsang Souchong

Pot for one £4.00 - Pot for two £5.00 - Pot for three £8.00

From Fujian province in China. Black leaves giving a dark red liquor with a distinctive smokey aroma and taste.

#### Decaffeinated strong Breakfast tea

Pot for one £4.00 - Pot for two £5.00 - Pot for three £8.00

A blend of large leaf Ceylon and Assam teas decaffeinated using the CO2 process.

### GREEN

#### China Jasmine with Flowers

Pot for one £3.50 - Pot for two £4.50 - Pot for three £7.50

This jasmine green tea contains 1% dried Jasmine flowers. The infusion is yellow with jasmine flavours and aromas.

#### Sencha Green Tea

Pot for one £3.50 - Pot for two £4.50 - Pot for three £7.50

A Japanese style tea from light green leaves giving a bright yellow infusion with soft nutty flavours and a refreshing aftertaste.

#### Lemon

Pot for one £3.50 - Pot for two £4.50 - Pot for three £7.50

A blend of China Sencha and China Gunpowder green teas with lemon grass, sugar crystals, lemon slices (min.4.5%)

### WHITE

#### Pai Mu Tan

Pot for one £4.50 - Pot for two £5.50 - Pot for three £8.50

Made from un-opened buds picked with leaves attached. A pale infusion with a soft, velvety, slightly nutty flavour.

#### Juicy Raspberry

Pot for one £4.50 - Pot for two £5.50 - Pot for three £8.50

A blend of Shou Mei white tea and Sencha Green tea with redcurrants and raspberries (min.2.4%)

### OOLONG

#### Ti Kuan Yin - "The Iron Goddess of Mercy"

Pot for one £4.50 - Pot for two £5.50 - Pot for three £8.50

One of the most popular oolongs, named after the statue of the "Goddess of mercy". The infusion is sweet with floral notes

### HERBAL AND FRUIT TEAS (CAFFEINE FREE)

#### Chamomile

Pot for one £4.50 - Pot for two £5.50 - Pot for three £8.50

Helps boost the immune system and fight infections associated with colds. It is mildly sedative and has a calming effect.

#### Large leaf Peppermint

Pot for one £3.50 - Pot for two £4.50 - Pot for three £7.50

Peppermint contains vitamins A and C, manganese, fibre, iron, calcium, magnesium and potassium.

#### Lemon-Ginger tisane

Pot for one £3.50 - Pot for two £4.50 - Pot for three £7.50

Ingredients: pieces of ginger (min.79%), lemon grass, pieces of lemon (min.5.9%)

#### Sweet Orange

Pot i un £3.50 - Pot i ddau £4.50 - Pot for three £7.50

Contains apple, raisin, carrot, beetroot, apricot, sea buckthorn, orange peel (min.5.5%), orange blossom (min.2.7%).

Single use recyclable menu